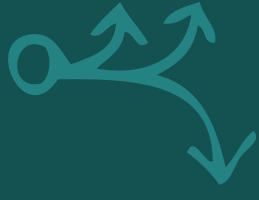**FAMILY BACKPACK**
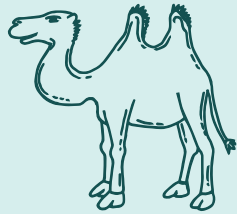
10 STEPS TO CREATE AN
Escape Room Adventure
for Kids

1 Pick a Theme
Safari Trek, Under-the-Sea Adventure, Deserted Island Treasure, Night in the Museum, Dino Dig, Ahoy Matey Adventure, Lost Mummy in the Sahara, or think of something else fun!

(2) Choose a Location
Den, Family Room, Laundry room, Walk-in Closet, Basement, Tent, Garage, Gazebo, Patio or Deck. The options are endless!

3 Decide How Many Participants
Two to four participants are ideal as the adventure should be able to be completed in one hour.

4 Create the Story
Define the mission! Write a plot. Put clues together to find the final container which holds the key to escape or holds an explosive. Stop it from detonating!

5 Write the Clues
Two to six clues work best! Sample: You are on the right track, keep it up. Look for a bird, so you don't get stuck. Under the bird, you'll find your next clue. Locked up tight, just waiting for you.

6 Gather Supplies
Locks with keys, containers that can be secured with a lock (small purse, travel bag, metal box, backpack, toolbox), decorations that fit the themes, pens, and paper to solve puzzles.
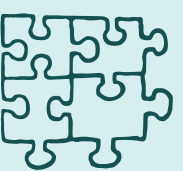
Clues

SUCCESS

(7) Start Building
Keep in mind the goal of the escape room adventure is to escape the room or save the world!

8 Check It Out
Talk through each step of this adventure with another person to make sure it works and all makes sense.

9 Invite Participants
have fun
Have kids dress in clothing or costumes based on the theme! This encourages imaginative play and makes the adventure more exciting! Kids will feel immersed in the environment.

(10) Give Instructions to the Kids
Briefly explain the expectations. Share the rules and approximately how much time they have to spend on each clue.

TIPS

- Find locks with keys at hardware stores to lock the containers!
- Use a small purse, travel bag, metal box, backpack, or metal toolbox.
- Buy decorations at dollar stores or make your own!
- Place some snacks in the locked containers to nourish the participants.
- Create clues by cutting out pictures from a magazine that spell out the clues.
- Create an acrostic – a poem in which the first letter of each line spells out a word.
- Create a short crossword puzzle that gives a clue.
- Write clues in code: backward letters, flip letters, add numbers.
- Set a timer to help keep kids on track during their search.

Have fun and be sure to have your phone or camera ready to video and take pictures of the exciting adventure!

FAMILY BACKPACK

For more Escape Room DIY details visit https://bit.ly/2QemorB.
Planning a family trip? We make travel planning easier!
Explore thefamilybackpack.com for helpful family travel articles & tips!